



Gold Kidney Health Plan Population Health Management Programs

As a member of Gold Kidney, you have access to specialized **Population Health Management (PHM)** programs designed to support your health at **no additional cost**. These programs are part of your benefits and are intended to help you stay healthy, prevent illness, manage chronic conditions, and receive support when you need it.

Participation and Contact Information

Based on your health needs, screening status, or recent care, **Gold Kidney may contact you** to offer support through one or more of these programs. Participation is **voluntary**, and you may **opt in or opt out at any time**. Choosing not to participate **does not affect your benefits or coverage**.

For more information or to make changes to your participation, please call **(844) 294-6535** (TTY 711). **Gold Kidney’s care teams are available to provide education, outreach, and support to help you reach your health goals**. From April to September, we are available Monday to Friday (except holidays), 8 a.m. - 8 p.m., local time, and October to March, 7 days a week (except holidays), 8 a.m. - 8 p.m., local time.

(+) Opt-out programs: You may opt out at any time by contacting Gold Kidney.

(*) Opt-in programs: Participation begins once you contact Gold Kidney to enroll.

Program	Who Can Participate	How the Program Helps
Wellness and Preventive Programs		
Flu Vaccine Program+	Members who are eligible for the annual flu vaccine	Provides outreach, reminders, and education to support members in receiving their yearly flu shot and reducing the risk of influenza and related complications.
Colorectal Cancer Screening Program+	Members who are due for colorectal cancer screening	Provides reminders, education, and support to help members complete recommended colorectal cancer screenings for early detection.
Breast Cancer Screening Program+	Members who are due for breast cancer screening	Provides reminders, education, and support to help members complete recommended breast cancer screenings and support early detection.

Gold Kidney Health Plan, Inc.® is an HMO-POS C-SNP with a Medicare contract. Enrollment in Gold Kidney Health Plan depends on contract renewal.

Program	Who Can Participate	How the Program Helps
Physical Health, Chronic Illness, and Case Management Programs		
Chronic Kidney Disease (CKD) Management Program+	Members with early-stage kidney disease (Stages 1–3b)	Provides education, lab monitoring reminders, and outreach support to help slow disease progression and manage related conditions such as diabetes and high blood pressure.
Emerging Risk Care Management and Early Intervention Program+	Members identified as showing early signs of health risks	Provides proactive outreach, education, and care coordination to address health risks early and help prevent progression to more serious conditions.
Complex Kidney Care Coordination Program*	Members with kidney disease and multiple chronic conditions	Provides personalized care coordination, medication support, and collaboration with providers to help manage complex health needs.
Pharmacy Program		
Medication Management Safety Program*	Members taking multiple medications, high-risk medications, or with recent medication changes	Provides outreach, education, and support to help members understand their medications, use them safely, and follow their treatment plans.
Continuum of Care Program		
Inpatient Readmission Prevention Program*	Members recently discharged from a hospital or emergency department	Provides follow-up outreach after a hospital stay to support understanding of discharge instructions, scheduling follow-up appointments, and reducing avoidable readmissions.

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