

# PROVIDER NEWSLETTER

November 2024



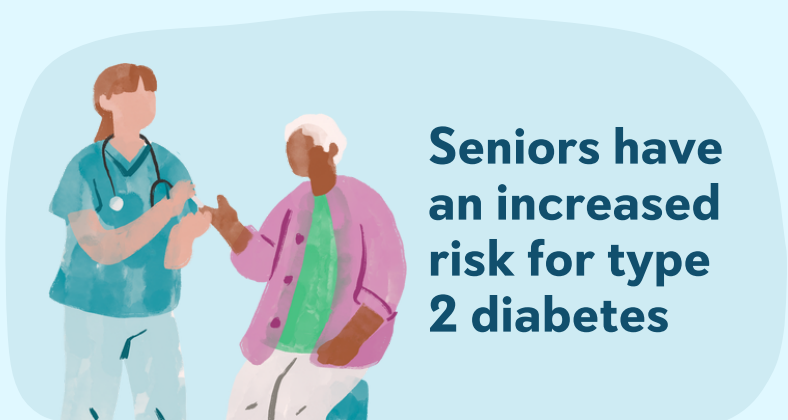
## SUPPORTING PATIENTS THROUGH DIABETES EDUCATION AND MANAGEMENT

**98 MILLION** adults are living with prediabetes and 8 in 10 are unaware of their condition



Of the 1 in 10 Americans living with diabetes (38 million individuals), 1 in 5 don't know they have it. These numbers significantly increase in the case of prediabetes, with 98 million adults living with prediabetes and 8 in 10 being unaware of their condition. Diabetes Awareness Month provides an opportunity to remind patients of proactive and healthy habits they can incorporate into their daily lives to reduce their risk of type 2 diabetes.

Nearly 30% of seniors age 65+ are living with diabetes, including those who are undiagnosed. Seniors have an increased risk for type 2 diabetes due to factors such as sedentary lifestyle habits and unbalanced diet. Adults who have diabetes are at higher risk of health complications, including vision loss and blindness (diabetic retinopathy), kidney failure, heart disease, and stroke.



**Seniors have an increased risk for type 2 diabetes**

**By engaging patients in conversations of proper self-management of their diabetes and ensuring they have access to educational resources, you provide essential support toward the prevention of costly and dangerous health complications.**

## TIPS FOR CLOSING DIABETES-RELATED CARE GAPS



**Educate patients** about their risk factors for developing type 2 diabetes and the potential health risks associated with developing diabetes



**Gold Kidney members** with a diagnosis of diabetes receive a **\$25 reward for the completion of at least two blood pressure control diagnostic tests** each year



**Encourage healthy habits** around diet and exercise and ensure patients understand how to properly monitor blood glucose levels



**Gold Kidney offers members the benefit of 12 routine foot care** visits per year without Medicare restrictions



**Prompt patients to have regular check-ups** and appropriate health screenings, such as pre-diabetes screenings or diabetic retinopathy eye exams



**Gold Kidney members** with a diagnosis of diabetes receive a **\$25 reward for the completion of at least two HbA1c diagnostic tests** each year

**By partnering together, we can enhance care and improve outcomes for individuals at risk for or living with diabetes.**

## HOW DOES HMO-POS WORK FOR PROVIDERS?

In the Gold Kidney HMO-POS plans, member copayments and coinsurance remain consistent, whether the healthcare service is obtained from an in-network or out-of-network provider. Members do not incur any additional costs or penalties for receiving care from a provider who is not part of the network.

### Member Copayments and Coinsurance

Whether the healthcare service is provided by an in-network or out-of-network provider, the member's copayment or coinsurance may be collected at the time of service.

### Out-of-Network / Non-Contracted Providers

Out-of-network providers are also permitted to deliver care to Gold Kidney members and submit claims for reimbursement. Gold Kidney will reimburse the out-of-network provider at 100% of the applicable Medicare allowable fee, following Medicare payment rules, minus any applicable copays or coinsurance.



**Flu Shot Reminder:**  
It's not too late to get your flu shot!



**MOC Training Reminder:**  
Please remember to continue with your MOC training.

Thank you for being part of the Gold Kidney family, this Thanksgiving

*We are thankful for you!*



## CONTACT US

Feel free to contact Gold Kidney with any questions or concerns. Our Provider Relations Team is dedicated to assisting and streamlining processes for you, our valued providers and members.

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The first 3 offices to email us with the phrase **gobble, gobble, till you wobble GOLD!** Will win a \$60 Dunkin's Donuts gift card for their office!



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