

### Welcome

We understand that staying informed and connected is vital to providing the best possible care for our members. That's why we have curated this exclusive newsletter, as a means to keep you up-to-date with the latest developments, news, and resources. Thank you for being an essential part of the Gold Kidney Health Plan network. Together, we will continue to make a positive impact on the lives of our members and create a healthier, happier future.

### Are you ready for 2024?

We are, we can't wait to share what's in the making for 2024. Keep a look out for the October Newsletter with all the great benefit details.

### Supporting Healthy Hearts

Heart disease and stroke are among the leading cause of death in the U.S., according to the Centers for Disease Control and Prevention (CDC). We encourage you to talk with our members about reducing and managing risks.



### Encourage Your patients to get the Recommended Screenings:

- The U.S. Preventive Services Task Force (USPSTF) recommends **blood pressure checks** for adults age 18 and older at every visit.
- The USPSTF recommends cholesterol screenings for adults ages 40 to 75. In addition, the American Heart Association recommends **cholesterol screenings** for adults ages 20 to 39 who have risk for coronary heart disease.

### Closing Gaps in Care

We track data from quality measures to help assess and improve the quality of our members' care. Controlling High Blood Pressure and Statin Therapy for Patients with Cardiovascular Disease are Healthcare Effectiveness Data and Information Set (HEDIS®) measures from the National Committee for Quality Assurance (NCQA).

For **Controlling High Blood Pressure**, we measure the percentage of members ages 18 to 85 who had a diagnosis of hypertension and whose blood pressure was adequately controlled. NCQA defines controlling blood pressure as:

- Systolic blood pressure < 140 mmHg
- Diastolic blood pressure < 90 mmHg

**Statin Therapy for Patients with Cardiovascular Disease** tracks the percentage of male members ages 21 to 75 and female members ages 40 to 75 who:

- Have atherosclerotic cardiovascular disease, and
- Were dispensed at least one high- or moderate-intensity statin medication and remained on the medication for at least 80% of the treatment period

For more information, see our clinical practice guidelines.

#### Tips to Consider

- Talk with our members about taking medications as prescribed, smoking cessation, increasing physical activity and eating a low-sodium diet.
- Encourage members to return for follow-up visits. Reach out to those who cancel or miss appointments and help them reschedule as soon as possible.
- Build care gap alerts in your electronic medical records as reminders.

The above material is for informational purposes only and is not a substitute for the independent medical judgment of a physician or other health care provider. Physicians and other health care providers are encouraged to use their own medical judgment based upon all available information and the condition of the patient in determining the appropriate course of treatment. The fact that a service or treatment is described in this material is not a guarantee that the service or treatment is

a covered benefit and members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any service or treatment is between the member and their health care provider.

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#### Reminders

**October is Breast Cancer Awareness Month**, a time when the global healthcare community unites to raise awareness about breast cancer, its prevention, early detection, and treatment options. As a valued provider in our health plan, we invite you to join us in promoting this crucial campaign to empower our patients and ensure their well-being.

Breast cancer remains one of the most prevalent cancers affecting women worldwide, and early detection plays a significant role in improving treatment outcomes. As healthcare providers, your role in educating patients about breast cancer screening and self-examination cannot be overstated. By promoting regular mammograms and self-checks, we can enhance early detection rates and potentially save lives.

#### Tips to Consider

- Schedule member's mammogram screening.
- Document the date and the specific procedure completed when reviewing the patient's history.
- Submit applicable codes.



## Don't forget your Flu Shot!

As flu season approaches, we want to remind all our healthcare providers to prioritize their health and the health of our patients by getting their annual flu shot and encouraging patient's to-do so as well. Influenza can be a serious and contagious respiratory illness, and as healthcare professionals, we play a crucial role in preventing its spread. By getting vaccinated, not only do we protect ourselves, but we also protect our patients, colleagues, and loved ones.



## Prospect Medical

We are delighted to reveal we have Prospect Medical in our network. Prospect Medical is a renowned leader in the healthcare industry, known for its dedication to excellence, innovation, and patient-centered care. By joining forces with Prospect Medical, we are expanding our capabilities, resources, and expertise to better serve you.

Our partnership with Prospect Medical allows us to offer an even broader range of high-quality healthcare services and access to specialized medical expertise.

You can expect more streamlined and coordinated care, ensuring that you receive the right treatment at the right time, all under one roof.

We are committed to staying at the forefront of healthcare innovation, and this partnership will enable us to bring the latest advancements in medical technology and treatments to our patients.

## Zelis

Gold Kidney offers EFT through Zelis. This can drastically reduce expenses, shorten the reimbursement cycle and streamline workflow. We work with Zelis to provide payer remittance data electronically. You may call Zelis at 1-855-496-1571 and select option 1 or sign up online by visiting [www.zelis.com](http://www.zelis.com).

## Billing/Claims

Gold Kidney offers electronic claims submission through **Availity**, our Payer ID is **A6865**.

Have Claims Questions or Concerns?  
Contact us at [claims@goldkidney.com](mailto:claims@goldkidney.com)

## Contact Us

Email: [providerrelations@goldkidney.com](mailto:providerrelations@goldkidney.com)  
Phone: 1-480-903-8502 ext. 299



Email us at [providerrelations.com](mailto:providerrelations.com) for a great way to start your day! The first 3 offices to email Gold Kidney with the phrase 🍁 **"Falling for Gold Kidney!"** win coffee and donuts for the office.

