



# PROVIDER NEWSLETTER

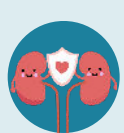
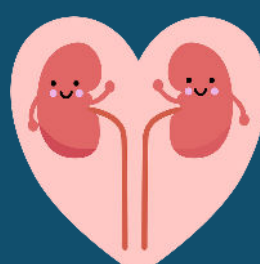
March 2024



## MARCH MARKS NATIONAL KIDNEY MONTH!

Almost 37 million Americans are impacted by kidney disease. Were you aware that your kidneys filter all of your blood up to 25 times a day?

Let's celebrate these remarkable organs this kidney month by familiarizing ourselves with them. Discover how you can safeguard these two fist-sized, bean-shaped organs that tirelessly serve you.



### EXPLORE YOUR KIDNEYS

Regardless of age or kidney health status, understanding your kidneys can help prevent or slow the progression of kidney disease.



### EDUCATE YOURSELF ON KIDNEY HEALTH

Your kidneys play a crucial role in producing urine, eliminating waste, and managing excess fluid in your body. As kidney function declines, they work harder to compensate. It's essential to take proactive measures to maintain kidney health.



### ASSESS YOUR RISK FOR KIDNEY DISEASE

Individuals with diabetes, high blood pressure, heart disease, a family history of kidney disease, or those over 65 should consult a healthcare professional to evaluate their risk. Regular kidney check-ups are key to early detection and intervention.



### ADOPT A KIDNEY-FRIENDLY LIFESTYLE

Incorporate healthy habits into your daily routine, such as enjoying nutritious foods, engaging in 30 minutes of physical activity daily, prioritizing seven to eight hours of sleep each night, quitting smoking, and moderating alcohol consumption.

This content is provided as a service of the [National Institute of Diabetes and Digestive and Kidney Diseases \(NIDDK\)](#), part of the National Institutes of Health. NIDDK translates and disseminates research findings to increase knowledge and understanding about health and disease among patients, health professionals, and the public. Content produced by NIDDK is carefully reviewed by NIDDK scientists and other experts.

## MEDICARE ADVANTAGE HEDIS RECORDS COLLECTION THROUGH JUNE 2024

Medicare Advantage providers may receive requests from Gold Kidney or our vendor, Allymar, from January through June 2024 to collect data for Healthcare Effectiveness Data and Information Set (HEDIS®) measures. The data you provide helps us monitor the **quality of our members' care and their health outcomes.**

### HOW YOU CAN HELP

Either Gold Kidney or Allymar may contact you by fax or phone to provide details about the records needed and how you can return them to us. When requested, please promptly provide complete and accurate records.

Patient authorization isn't required to release these records, as their collection and review is considered a component of health care operations under the Health Information Portability and Accountability Act.

### THE DATA WE'RE SEEKING

We collect data for HEDIS measures developed by the National Committee for Quality Assurance, including:

- **Controlling High Blood Pressure**
- **Colorectal Cancer Screening**
- **Comprehensive Diabetes Care**
- **Transitions of Care**

Please contact your Provider Network Representative if you have questions.



Gold Kidney has partnered with Availity® to provide electronic data interchange (EDI) health information exchange services for the following transactions:

- ▶ **835 Remittance Advice**
- ▶ **837 I, P, Claim Submission**
- ▶ **276/277 Claim Status**

Availity has established a [microsite](#) to aid health plans, providers, and trading partners. This microsite offers registration assistance and resources for self-service on transactions.

Once logged in with your Availity Essentials™ account, you can access our [live EDI webinars](#).



### Choose the path that suits your needs!

- If you're a **new provider** to Availity Essentials, you'll need to register first. Detailed instructions, along with a recorded demo, can be found on the registration microsite
- If you've **registered for Availity Essentials** and have an FTP account, you can send your data immediately
- For those **requiring direct data entry submission**, log in to Availity Essentials, navigate to Claims & Encounters, and select the appropriate claim type
- If you're **registered for Availity Essentials but don't have an FTP account**, you can still submit files and retrieve reports and ERA files via Availity Essentials. Access the Claims & Payments section, then go to Send and Receive EDI Files. Here, you can upload claim files and access reports and ERA files. Detailed instructions for this process are available in the "[Upload Transaction Files Through Availity Essentials](#)" help topic.

**For more information please visit:** [www.availity.com](http://www.availity.com) or call **1-800-282-4548** (Monday - Friday, 8am - 8pm EST)

### DO MEMBERS REQUIRE REFERRALS?

**NO!** Eligible gold Kidney members don't require referrals to see in-network or out-of-network specialists. Prior authorizations are required for a small number of services and can be verified on our website [Gold Kidney Medicare Advantage Prior Authorization](#).

### CONTACT US

Feel free to contact Gold Kidney with any questions or concerns. Our Provider Relations Team is dedicated to assisting and streamlining processes for you, our valued providers and members.

#### ARIZONA PROVIDERS

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The first 3 offices to email us with the phrase **"Lucky for Gold!"** Will win a \$60 Dunkin's Donuts gift card for their office!

**Please follow us on social media to stay up to date on news and useful information.**



The referenced material is for informational purposes only and is not a substitute for the independent medical judgment of a physician or other health care provider. Physicians and other health care providers are encouraged to use their own medical judgment based upon all available information and the condition of the patient in determining the appropriate course of treatment. The fact that a service or treatment is described in this material is not a guarantee that the service or treatment is a covered benefit and members should refer to their certificate of coverage for more details, including benefits, limitations, and exclusions. Regardless of benefits, the final decision about any service or treatment is between the member and their health care provider.

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