



Welcome

We understand that staying informed and connected is vital to providing the best possible care for our members. That's why we have curated this exclusive newsletter to keep you up to date with the latest developments, news, and resources. Thank you for being an essential part of the Gold Kidney Health Plan network. Together, we will continue to make a positive impact on the lives of our members and create a healthier, happier future.

2024 Benefit Highlights

- ✓ \$0 Copay may be available for PCP Nephrologist Cardiologist Endocrinologist
- ✓ Decreased Copayments for specialists
- ✓ Increased OTC amount for non-dialysis plans
- ✓ New formulary includes 400 more drugs
- ✓ Up to \$300 rewards and incentives for preventative services
- ✓ Flex card for dental, vision and hearing
- ✓ \$25 - \$75 monthly healthy grocery and fuel transportation allowance
- ✓ Unlimited non-emergency transportation for dialysis plans
- ✓ All plans \$75,000 max worldwide coverage

Find out more at www.goldkidney.com



New Plans Offered in 2024

Essential Care *MA only*

Gold Circle *Diabetes C-SNP*

Gold Kidney HMO-POS Plans

How does HMO-POS work for providers?

In the Gold Kidney HMO-POS Plans, member copayments and coinsurance remain consistent, whether the healthcare service is obtained from an in-network or out-of-network provider. Members do not incur any additional costs or penalties for receiving care from a provider who is not part of the network.

- Member Copayments and Coinsurance — Whether the healthcare service is provided by an in-network or out-of-network provider, the member's copayment or coinsurance may be collected at the time of service.
- In-Network / Contracted Providers — In-network providers can offer care to members and submit claims to Gold Kidney Health Plan for reimbursement.
- Out-of-Network / Non-Contracted Providers — Out-of-network providers are also permitted to deliver care to Gold Kidney members and submit claims for reimbursement. Gold Kidney will reimburse the out-of-network provider at 100% of the applicable Medicare allowable, following Medicare payment rules, minus any applicable copays or coinsurance.

Are you interested in learning more about our 2024 Benefits and provider changes?

Contact us at providerrelations@goldkidney.com to schedule a presentation.



American Diabetes Awareness Month

As healthcare providers, you play a crucial role in supporting our members living with diabetes and promoting prevention efforts to combat this widespread condition. We aim to raise awareness about diabetes, its risk factors, and the importance of early detection and management. With education and proactive measures, we can make a significant impact on the lives of those affected.

Gold Kidney Health Plan is committed to providing comprehensive diabetes care and resources to both patients and providers. By working together, we can empower individuals to take control of their health, improve their quality of life, and reduce the risk of complications associated with diabetes.

Let's take this opportunity to promote healthy lifestyle choices, encourage regular screenings, such as **yearly diabetic eye exams or regular diabetic check-ups every 3 months**, and ensure that our patients have access to the latest advancements in diabetes management. Together, we can make a positive difference in the lives of our community members living with diabetes.

Thank you for your dedication to delivering exceptional care to our patients - education, compassion, and impactful action!

Helping Our Members Manage Diabetes

More than 37 million Americans have diabetes, according to the [Centers for Disease Control and Prevention](#) (CDC). Because symptoms can develop slowly, one in five of them don't know they have it. You may play an important role in supporting our members through regular screenings, tests and office visits.

Monitoring Our Members' Care

We track Healthcare Effectiveness Data and Information Set (HEDIS®) measures from the [National Committee for Quality Assurance \(NCQA\)](#) related to diabetes care, including:

- **Hemoglobin A1c (HbA1c) Control for Patients with Diabetes (HBD)** captures the percentage of our members ages 18 to 75 with diabetes (type 1 and type 2) whose HbA1c level during the measurement year is:

– Less than 8.0%, indicating controlled

– Greater than 9.0%, indicating uncontrolled. A lower rate on this measure indicates better performance.

- **Eye Exam for Patients with Diabetes (EED)** tracks members ages 18 to 75 with diabetes (type 1 and type 2) who have a retinal eye exam by an eye care professional to screen or monitor for diabetic retinal disease.
- **Blood Pressure Control for Patients with Diabetes (BPD)** captures members ages 18 to 75 with diabetes (type 1 and type 2) whose blood pressure was controlled (<140/90 mm Hg).
- **Kidney Health Evaluation for Patients with Diabetes (KED)** tracks members ages 18 to 85 with diabetes (type 1 and type 2) who received a kidney health evaluation during the measurement year. An evaluation includes a blood test for kidney function (estimated glomerular filtration rate, or eGFR) and a urine test for kidney damage (urine albumin-creatinine ratio, or uACR).



- **Statin Therapy for Patients with Diabetes (SPD)** tracks members ages 40 to 75 who have diabetes and don't have clinical atherosclerotic cardiovascular disease (ASCVD), and who received and adhered to statin therapy.

- For our members on statin therapy, discuss the proper dose, frequency, and the importance of staying on the medication.
- Communicate with members and other treatment providers to ensure all tests are completed and results are documented in the medical record.

Tips to Close Gaps in Care

- Identify care gaps and schedule lab tests before office visits to review results and adjust treatment plans if needed.
- Document medication adherence to angiotensin-converting enzyme (ACE) inhibitors and angiotensin II receptor blockers (ARB) when applicable.
- Repeat abnormal lab tests later in the year to document improvement.
- Monitor blood pressure status at each visit and adjust medications as needed for control.
- Encourage members with diabetes to have annual retinal or dilated eye exams by an eye care specialist.

Find A Provider

Gold Kidney has developed an interactive "Find A Provider" Tool to enhance our member and provider experience. The tool has multiple parameters to search enhancing the user experience to locate medical professionals and facilities closest to them. We have placed a link on our website below.

<https://goldkidney.com/provider-search/>



Contact Us

Email: providerrelations@goldkidney.com

Phone: 1-480-903-8502 ext. 299

Email us for a great way to start your day! The first 3 offices to email us what they are thankful for, win coffee & donuts for the office.

¹The referenced material is for informational purposes only and is not a substitute for the independent medical judgment of a physician or other health care provider. Physicians and other health care providers are encouraged to use their own medical judgment based upon all available information and the condition of the patient in determining the appropriate course of treatment. The fact that a service or treatment is described in this material is not a guarantee that the service or treatment is a covered benefit and members should refer to their certificate of coverage for more details, including benefits, limitations, and exclusions. Regardless of benefits, the final decision about any service or treatment is between the member and their health care provider.

HEDIS is a registered trademark of the NCQA.